



EUPULSE

YOUTH POLICY REFORM THROUGH THE
LENS OF A PODCASTS OBSERVATORY

TRANSNATIONAL YOUTH LAB
ENTITLED "YOU(TH)EUROPE
ACADEMY": AGENDA, SESSION
PLAN, IMPLEMENTATION AND
LAB MATERIAL, DISSEMINATION,
AND FEEDBACK REPORT.

PROJECT NUMBER: 101132175

2024



Co-funded by
the European Union

“

AGENDA

Day 14th

Time Slot	Session
10.00 – 10.15	Registration
10.15 – 11.30	Creating Bonds Presentation You(th) Europe Academy <ul style="list-style-type: none"> • Presentation dynamics of participants, Icebreaker • Presentation You(th) Europe Academy Agenda
11.30 – 11.45	Coffee Break
11.45 – 13.00	European institutions <ul style="list-style-type: none"> • Reflection on the importance of the European institutions
13.00 – 15.00	Lunch Break
15.00 – 16.15	EU Legislative Process <ul style="list-style-type: none"> • Knowledge about the electoral system and democratic principles
16.15 – 16.30	Break
16.30 – 18.00	Braga EU <ul style="list-style-type: none"> • Discovering Braga and the importance of EU in Braga

Day 15th

Time Slot	Session
10.00 – 10.15	Icebreaker
10.15 – 11.30	Youth voter <ul style="list-style-type: none"> • Developing innovative strategies to increase youth voter turnout and political participation
11.30 – 11.45	Coffee Break
11.45 – 13.00	Youth voter <ul style="list-style-type: none"> • Developing innovative strategies to increase youth voter turnout and political participation
13.00 – 15.00	Lunch Break
15.00 – 16.00	Youth voter <ul style="list-style-type: none"> • Presentation of the results
16.00 – 16.30	Break
16.30 – 18.00	Evaluation Network <ul style="list-style-type: none"> • Evaluation You(th) Europe Academy • Creating a network of young leaders

Date and Time: 13 - 16/05 2024

**Location : Centro de Juventude de Braga
Street Santa Margarida 6, 4710-306 Braga, Portugal**

Organizers: FAJUB

OBJECTIVES

This event for the EUPulse project was conducted in Portugal, aligning with the Erasmus+ objectives of fostering pan-European cooperation. It brought together youth from across the EU to exchange perspectives and opinions, particularly from the viewpoint of young and first-time voters.

During a three-day workshop filled with capacity-building and knowledge-sharing activities, participants:

- a) Acquired knowledge of EU elections and processes based on the project's previous activities, equipping them to create thoughtful reflections and prepare questions for EP candidates from their respective countries.
- b) Engaged in dynamic team-building activities, such as mock debates, to enhance critical thinking, research skills, and the ability to explore diverse viewpoints.
- c) Developed a "voting toolbox" aimed at fostering youth-to-youth dialogue as a means of active participation and engagement in EU policy-making.
- d) Provided feedback and suggestions for improving the project through evaluation sessions, ensuring the workshop's effectiveness.

The initiative was designed to promote constructive debate and counteract toxic political discourse often seen in media, while fostering collaboration and communication throughout the project. The Transnational Open Youth Debate reflected several Erasmus+ KA2 objectives by empowering young people, strengthening cross-border cooperation, and encouraging innovative approaches to democratic engagement. Combining education, collaboration, and tangible outcomes like the voting toolbox, this event embodied the spirit of KA2 by creating meaningful and sustainable learning experiences with lasting impact.



PARTICIPANTS



Total Number of Participants: 11

Sending Organizations:

Civil Connections Community Foundation

Fifty-Fifty (INSTITOYTO KOINONIKIS KAINOTOMIAS KAI SYNOXIS)

e-Juniors

FAJUB (Federação das Associações Juvenis do Distrito de Braga)

Capital Youth Association (CYA EV)

Participants were selected by each organization through a targeted call aimed at engaging youth interested in enhancing their understanding of EU processes and collaborating with peers from across the EU.

ACTIVITY DESCRIPTION & OBJECTIVES

DAY 1

The day began with participant registration at 10:00 AM, where we welcomed everyone with enthusiasm and set the tone for an engaging day ahead. At 10:15 AM, we kicked off the creating bonds session, introducing the You(th) Europe Academy with a warm and interactive icebreaker. This activity helped participants connect with each other and prepared them for the exciting agenda we had planned.

After a brief coffee break at 11:30 AM, we delved into the topic of European Institutions. This session was a thought-provoking exploration of their importance, sparking meaningful reflections and discussions among the participants.

Following the lunch break, we returned for an insightful session on the EU Legislative Process. Participants actively engaged as we unpacked the complexities of the electoral system and democratic principles, deepening their understanding of EU governance.

After a short break at 4:15 PM, we concluded the day with the Braga EU session at 4:30 PM. This was a special highlight, as we explored the beautiful city of Braga and discussed the tangible impact of the EU in the local context. It was a fantastic opportunity for participants to connect the theoretical knowledge gained earlier with real-world applications.

Overall, the day was a vibrant blend of learning, collaboration, and cultural discovery. The energy and curiosity of the participants made it a truly memorable experience, setting a strong foundation for the days to come in the You(th) Europe Academy.

Day 2

The second day of the You(th) Europe Academy began at 10:00 AM with an energising Icebreaker to set a collaborative and focused mood for the sessions ahead. At 10:15 AM, we delved into the theme of the day: Youth Voter Participation. Participants worked together to develop innovative strategies aimed at increasing youth voter turnout and fostering greater political engagement.

After a brief coffee break at 11:30 AM, the session continued, with participants refining their ideas and deepening discussions on actionable solutions. The morning's work was highly interactive and filled with creative energy, showcasing the participants' dedication to addressing this critical issue.

Following a lunch break, the focus shifted to the presentation of results at 3:00 PM. Participants confidently shared their strategies, demonstrating both ingenuity and a clear understanding of the challenges and opportunities involved in youth political participation.

After a short break at 4:00 PM, we concluded the day with the evaluation and network building session at 4:30 PM. Participants reflected on their experiences throughout the Academy, providing valuable feedback to enhance future iterations of the program. This was also an opportunity to create a vibrant network of young leaders, fostering connections that will support continued collaboration and shared initiatives beyond the event.

Day Two was a true testament to the participants' creativity, commitment, and drive to make a positive impact. The sessions were not only productive but also inspiring, leaving us all energised and optimistic about the future contributions of these young leaders to European democracy.





METHODOLOGY

The sessions at the You(th) Europe Academy employed an interactive and participatory methodology designed to foster engagement, creativity, and collaboration among participants. The approach combined non-formal education techniques, such as icebreakers, group discussions, and hands-on activities, with structured learning sessions that provided knowledge on EU processes and governance. Participants were encouraged to reflect critically, exchange ideas, and co-create solutions in a supportive and inclusive environment. By integrating theoretical knowledge with practical applications—such as the creation of innovative strategies and presentations—this methodology ensured that participants remained actively involved, learning by doing, and connecting their insights to real-world contexts. This dynamic framework not only enhanced understanding but also empowered participants to take ownership of their learning journey, strengthening their roles as informed and active young citizens.

RESULTS AND IMPACT

The two days of the You(th) Europe Academy had a significant impact on both the participants and the wider objectives of the program. By combining knowledge-sharing sessions with hands-on activities, the Academy empowered participants to deepen their understanding of EU processes, democratic principles, and the importance of political engagement. The collaborative development of innovative strategies to increase youth voter turnout and political participation resulted in actionable ideas that participants can implement in their communities. Additionally, the presentations of these strategies demonstrated their ability to critically analyze challenges and propose creative, practical solutions. The sessions also fostered connections among participants, laying the groundwork for a network of young leaders committed to promoting democratic engagement. The evaluation and feedback provided insights into the participants' experiences, ensuring the Academy's continuous improvement and reinforcing its role as a catalyst for empowering youth across Europe.

DISSEMINATION

The results of this activity were prominently showcased on the social media platforms of key partner organizations, where they were shared with a broader audience. In addition to this, participants and other stakeholders played an active role in amplifying the outcomes by sharing posts, insights, and reflections on their own social media channels. This collective effort helped to increase the visibility of the project's impact, fostering greater engagement and discussion around the themes of youth political participation and EU governance. The widespread sharing of results not only highlighted the success of the Academy but also contributed to building a wider network of supporters and advocates for the initiative.

YOUR VOTE
MATTERS



EVALUATION CRITERIA

1. Participant Engagement

Participants displayed high levels of engagement throughout the program. Icebreakers and interactive sessions were particularly effective in fostering collaboration.

2. Relevance of Sessions

All sessions aligned with the project's objectives to enhance youth understanding of EU processes and encourage active participation in democratic systems. Notable highlights included the "Youth Voter" workshops, which participants identified as highly relevant to their contexts.

3. Facilitation and Organization

The event was well-organized, with sessions running on time and clear guidance provided to participants. The venue offered a conducive environment for both formal and informal learning.

4. Outcomes Achieved

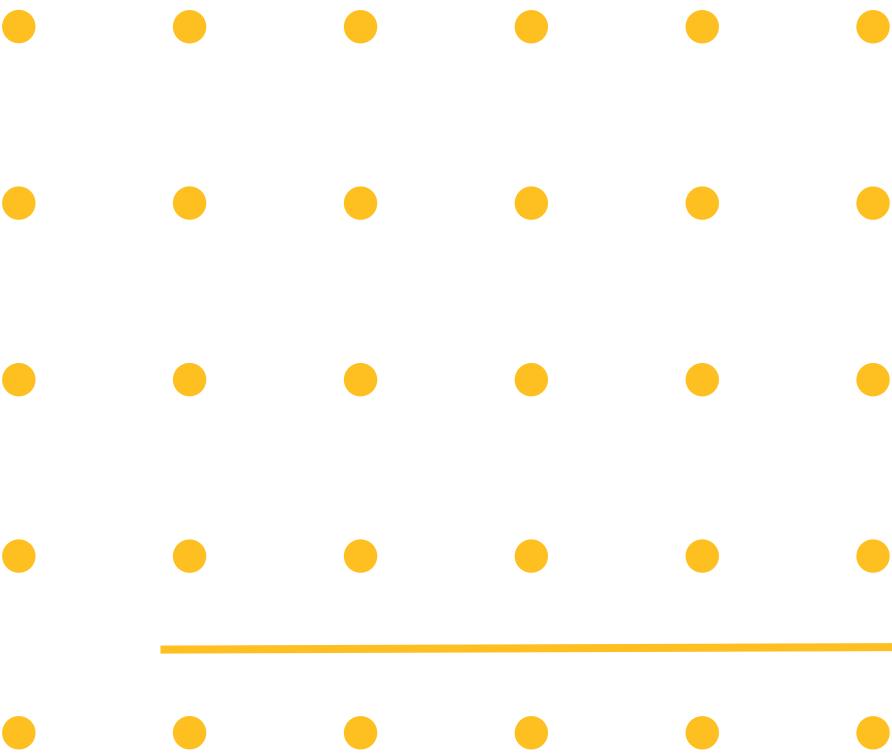
- Knowledge Gain: Over 80% of participants reported increased knowledge of EU institutions and legislative processes.
- Networking: The creation of a young leaders' network is expected to foster future collaborations.
- Strategies Developed: Innovative voter engagement strategies were identified, with potential for real-world application.

RECOMMENDATIONS

- Enhanced Follow-Up: Provide participants with resources and opportunities to apply their learning post-event.
- Broader Outreach: Include more diverse youth participants to ensure a wider range of perspectives.
- Digital Integration: Leverage online platforms to complement in-person sessions, expanding accessibility.

RECOMMENDATIONS

The activity successfully met its objectives, empowering youth to engage in policy reform through knowledge building and collaborative strategy development. Continued support for such initiatives is recommended to amplify youth voices in policy-making processes.





EUPULSE

YOUTH POLICY REFORM THROUGH THE LENS OF A PODCASTS OBSERVATORY

TRANSNATIONAL YOUTH LAB ENTITLED "YOU(TH)EUROPE ACADEMY": AGENDA, SESSION PLAN, IMPLEMENTATION AND LAB MATERIAL, DISSEMINATION, AND FEEDBACK REPORT.

2024

PROJECT NUMBER: 101132175



Co-funded by
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor the granting authority can be held responsible for them.